

Referring patients to HealMaze.

Physician-led virtual family-medicine clinic in Alberta for adults living with chronic illness and its mental-health impact. Care delivered by Alberta-licensed family physicians, complementing existing primary care.

Refer patients who...

- + Adults living with a diagnosed or ongoing chronic condition (IBS, migraine, autoimmune disease, chronic pain, interstitial cystitis, chronic fatigue, thyroid disorders, and related conditions)
- + Patients experiencing illness-related anxiety, low mood, or difficulty coping alongside a chronic condition
- + Patients who would benefit from longer visits and structured follow-up for chronic-illness management
- + Patients you'd like a second pair of eyes on for medication review, care planning, or coordination
- + Alberta residents eligible for AHCIP coverage

Not appropriate

- Medical emergencies or urgent presentations requiring same-day care
- Mental-health crises, active suicidal ideation, or safety concerns
- Conditions requiring hands-on examination, urgent imaging, or in-person procedures at the initial visit
- Primary psychiatric care requiring a psychiatrist
- Long-term psychotherapy requiring a psychologist or counsellor

How to submit a referral.

OPTION 1 · FAX

Standard consult request. Reason for referral, relevant history, medications, recent labs where applicable.

(587) 441-8379

OPTION 2 · DIRECT PATIENT BOOKING

Send the patient our booking link; they complete intake themselves. Best when a consult letter isn't required.

<https://www.avaemr.ca/bookings/916974c8-cc8b-42b1-a960-0a3801a3ff14>

What happens after you refer.

Acknowledgement	Referrals are reviewed within 2 business days. We contact the patient directly to book the initial appointment.
Initial consultation	A HealMaze physician sees the patient virtually. The visit is longer than a standard walk-in, with time for a proper history, symptom review, and care plan.
Consult letter back to you	We send a consult letter to the referring physician summarizing the assessment, plan, and any recommendations. Sent via the channel you specify on the referral.
Ongoing follow-up	Follow-up appointments are scheduled as clinically appropriate. We work alongside the patient's primary-care physician and specialists, not in place of them.

Coverage

Medically necessary insured physician visits are billed to AHCIP for eligible patients. Uninsured services may have additional fees, explained in advance.

Questions

Contact healmaze@gmail.com.

HealMaze operates in accordance with the standards of the College of Physicians & Surgeons of Alberta, including virtual-care and information-management standards. HealMaze maintains a network of Alberta clinics for in-person referral when clinically necessary.

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